## Woodlands Academy

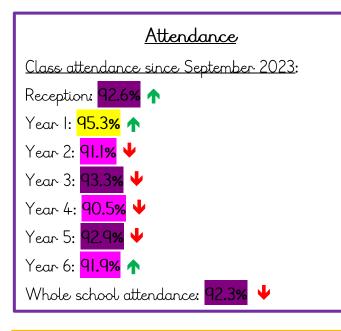






## Newsletter No. 10

Date: 21/02/2024 Telephone 0117 3533506



## TT Rockstars Day

TT Rockstars day is on <u>Friday 23<sup>rd</sup> February</u>. Children are welcome to come to school kitted out in their best rockstar gear, for a day full of times tables fun! Please note this is a dress up day for fun and no donations are needed.



### After School Clubs

Clubs starting this week has been really exciting. Musical theatre for Y2-5 started yesterday, Y4-6 football tonight and Y1-3 multi sports tomorrow: If you are interested, please contact the provider directly as there are still some spaces. Email: info@woodlandsacademybristol.com

### Parents' Evening

Thank you to everyone that attended parents' evening last night. We are looking forward to welcoming others this evening and year 4 parents later in the term.

### <u>Minibus Driving for School Trips</u> <u>Volunteers Needed</u>

We are looking for a couple of volunteers to drive a minibus for our school trips. The cost of coaches with small classes makes trips incredibly expensive for parents and carers and this would keep costs down for you! It would involve driving a group of children with supervising adults a handful of times a year. You need a DI on your licence (you can check this on the back of your licence). We would put you on a MiDAS (Minibus Driver Awareness Scheme) training course, so you could drive both West Town Lane's and Oasis Brislington's minibuses. If you are interested, please get in contact with the school office or email

info@woodlandsacademybristol.com



### Dates for your Diary

Tuesday 20<sup>th</sup> and Wednesday 21<sup>st</sup> February – Parents Evening Friday 23<sup>rd</sup> February – TT Rockstars Day Tuesday 5<sup>th</sup> March – Y3 Caerleon Trip Thursday 7<sup>th</sup> March – World Book Day Friday 8<sup>th</sup> March – Y1 Farleigh Castle Trip

Friday 15<sup>th</sup> March - Red Nose Day Friday 15<sup>th</sup> March - Y5 Steam Museum Trip

#### <u>Term dates 2023/24</u>

Term 3 - 3<sup>rd</sup> January 2024 - 8<sup>th</sup> February 2024 Term 4 - 19<sup>th</sup> February 2024 - 27<sup>th</sup> March 2024 Term 5 - 15<sup>th</sup> April 2024 - 24<sup>th</sup> May 2024 Term 6 - 3<sup>rd</sup> June 2024 - 19<sup>th</sup> July 2024



Inset Days 28<sup>th</sup> March 2024 22<sup>rd</sup> and 23<sup>rd</sup> July 2024

### World Book Day - 7th March 2024

World Book Day is on Thursday 7<sup>th</sup> March, where children are able to come to school to dress as their favourite book character. Please note this is a dress up day for fun and no donations are needed.

### South Bristol Girls Rugby

South Bristol Girls Rugby is a locally based sports club, to your school. We train and play at Bristol Barbarians RFC in Whitchurch.

Having been established for two years now, we are successfully running U12, U14, and U16 girls' teams; but always keen to bring new girls to our amazing game. With the Women's Rugby World Cup being hosted in England in 2025 and Bristol announced as one of the host cities, there has never been a better time to encourage more girls to give the sport a go.

Please find attached a flyer for our upcoming Open Day.

We would love to invite any of your Year 6 girls along to the event; and potentially your Year 5s. If they are confident enough, then they will be more than welcome to join the UI2 squad to train and learn the basics of the game; and in certain situations, can get permission to play matches.

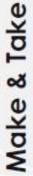
### Red Nose Day – 15th March 2024

Friday 15<sup>th</sup> March is Red Nose Day, where children can come into school wearing something red/non-uniform. We will collect donations for this charity on this day.

### Headlice

Headlice has been found in Year I and Year 4 so please can everyone check their child's hair and treat if needed to help the children feel more comfortable moving forwards in school. This needs to be community effort!





# Make it for Market Crafting Course

### Starts: Friday 23<sup>rd</sup> Feb – Friday 24<sup>th</sup> May 12.30 – 2.30pm Stockwood Children's Centre, Whittock Road, BS14 8DQ

Come and join this FREE friendly course. You will learn how to budget for as well as make a range of crafts and gifts suitable for selling at local markets. We will include advise around budgeting, creating a market stall, researching local markets and selling at markets.

For more information and to book please contact:

Catherine.landon@bristol.gov.uk Phone: 07785 702454

Eligibility: Adults aged 19+, currently unemployed, with few or no qualifications

COMMUNITY

LEARNING



communitylearningwest.net lctinfo@bristol.gov.uk 01172 510230

Bristol Parent Carers is an organisation run by parents who understand the challenges of raising a child with special educational needs or a disability because they've been there too and they have children just like yours. They are a charity run by parents, for parents. Join them at one of their free events in February and find the support your family needs. <u>www.bit.ly/BPCGetHelp</u>





South Bristol Girls Rugby Do you fancy giving rugby a go with us?



Why not come to our Open Day and check it out?

# Friday 23rd February 2024 6:30pm @Bristol Barbarians RFC

Food, Drink & Rugby Available



For Fun, Friendship, Fitness and of course RUGBY come and join us! U12, U14, and U16 teams (Years 7 to 11)

Training every Thursday From 6pm to 8pm @ Bristol Barbarians RFC, Whitchurch Bristol, BS14 OBT

Contact:

southbristolgirlsrugby@gmail.com Or message us on: Instagram or Facebook pages: South Bristol Girls Rugby

Please find attached Aspens Family Information Pack and Newsletter below.







# TAKE YOUR CHILD'S IMAGINATION ON A FOOD JOURNEY WITH ASPENS

Aspens has been chosen to provide the meal service at your child's school. Take a look below for a glimpse at a typical menu...

#### Knowing Where Your Food Comes From

WEEK1

We take our responsibility of catering for today's children and young adults seriously. All of our dishes are prepared every day using quality, fresh and seasonal ingredients that are responsibly sourced. Our supply chain is traceable, so we can ensure the provenance of all produce.

Our dishes are created and served by experienced and enthusiastic staff. As well as ensuring the food on the plate is healthy, we want our customers to understand the importance of eating the right foods and help them with their food and nutrition journey.

# OUR FANTASTIC FOOD

We don't only create delicious favourite dishes from home and around the world, we make it fun!

We aim to make lunchtime the best time of the day and it definitely is when we hold one of our regular theme days! Planned to link in to the school calendar or seasonal healthy food initiatives, our staff may dress up and decorate the counter to serve something deliciously different on the menu - it's the stuff of great school food memories!





## NOT JUST GREAT TASTING FOOD!

The food children eat at school plays an important role in their wellbeing and eating a well-balanced diet will not only maintain and improve their health but will also set them on the right track for later life. We understand this and that's why we are passionate about serving fresh, high quality and locally sourced food that is cooked in our kitchen.



### SPECIAL DIETS AND FOOD ALLERGENS

Don't think that your child can't enjoy our great food if they have a special diet - this is an important part of our catering service. We can provide food if they have an intolerance, an allergy, or require an alternative choice due to religious beliefs.

Aspens already caters for lots of children with allergies, we have robust food safety procedures and our staff has regular allergen and food safety training. It is still important that parents talk to us so we can work together and continue to provide meals that are safe for their child to eat.





# ABOUT ASPENS

Aspens is the company chosen by your school to provide the meal service for its pupils and we are looking forward to welcoming your child for their school lunches. We are experts in school catering and have years of experience when it comes to school food.

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Great tasting food that your child will love

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## FREE TASTY LUNCHES!

All children that are in Reception, Year 1 and Year 2 are currently entitled to receive UNIVERSAL INFANT FREESCHOOL MEALS! We think it's a fantastic idea so please make sure you support this initiative. Not only will you be saving money, but you will also be giving your child a nuttitionally balanced meal to fuel their bodies for the rest of their learning day.

Please note this is not to be confused with FREE SCHOOL MEALS which is an entitlement that some children can receive due to their parents/ carer's circumstances. If you feel you may be entitled to receive FREE SCHOOL MEALS, you should request the relevant forms from your school office or look at this website. www.gov.uk/apply-free-school-meals.





#### Here's a little more about what's on our menus:







# SUSTAINABILITY

Sustainability is one of our core values - we recognise that our activities can affect the environment and so we do what we can to minimise our impact.

This includes phasing out single use plastics, using environmentally friendly disposables and cleaning products, offering non meat proteins and seasonal fruit and vegetables.

## Why School Meals are GREAT

Lunch time is an important part of a child's school day, giving pupils a break with friends and the chance to recharge their batteries. But why should you choose a school meal? Take a look at the ten great reasons we have come up with!

School meals are delicious, healthy, safe, varied and could be free!

2 Measures have been taken around staff training, food safety and enhanced cleaning to ensure that all of our dinners are safe.

It would save you hours making packed lunches for your child!

3

Children receiving Free School Meals have exactly the same choice as everyone else and no-one will know that your child's meal is free. 5 You can see the menus and choices online so you know exactly what they'll be eating.

The school catering team is fully trained and ready to cater for children with allergies or other special diets.

School meals help encourage good eating habits from an early age and provide the opportunity to further develop their social skills as they sit down with friends to enjoy their meals. 8 There are plenty of opportunities to try new foods and more fussy eaters are much more likely to try new things if their friends are eating the same meals as they are.

- It's easy to apply speak to your school office for details or check your eligibility here: www.gov.uk/apply-free-school-meals
- You'll be supporting the school too. Schools receive extra government grants for every child who is claiming Free School Meals. That can be used to pay for more books, computers, special events and much more.



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